Drupchen and Children's Retreat

June 12 - June 23, 2018

Pema Osel Ling

Thank you for registering for the 2018 Drupchen and Children's Retreat.
Please read the following information as it could be helpful before and during your stay.

Schedule

Namchak Putri Vajrakilaya Drupchen and Children's Retreat*

June 12 – 21	Practice details to follow
8:30 am – 9:00 am	*Breakfast*
12:30 pm – 1:00 pm	*Lunch*
9:00 pm – 9:30 pm	*Dinner*

*Children's Retreat Schedule will be provided separately.

Treda Tsechu (Guru Rinpoche's Birthday Celebration)

June 22

7:15 am – 7:45 am	*Breakfast*
8:00 am – 12:00 pm	**Collection of 7 Treasures Guru Rinpoche Practice**
12:00 pm – 12:30 pm	*Lunch*
2:00 pm – 6:00 pm	**Collection of 7 Treasures Guru Rinpoche Practice and Tsok**
6:00 pm – 6:30 pm	*Dinner*

June 23

6:00 am – 8:00 am	**Collection of 7 Treasures Guru Rinpoche Practice**
8:00 am – 8:30 am	*Breakfast*
9:00 am – 12:00 pm	**Collection of 7 Treasures Guru Rinpoche Practice and Tsok**
12:00 pm – 12:30 pm	*Lunch*
Afternoon	**Dance of Eight Manifestations of Guru Rinpoche and Other Sacred Dances**

Payment

- Please complete registration by paying in full before your arrival
- **Payment Options:**
- Paypal by following the instructions given on the registration page
- Credit Card by calling our office at 831.761.6266 or by emailing office@vajrayana.org to arrange a time to make the payment.
- Check made out to "Vajrayana Foundation" and mailed to Vajrayana Foundation, 2013 Eureka Canyon Road, Watsonville, CA 95076. Please write "Drupchen and/or Children's Retreat 2018" in the Memo field or on the envelope. [Should the bank decline your check, you will be charged a 3% monthly fee on your remaining balance and billed for any bank fees.]

Cancellation and Refunds

- **If you cancel 7 days or more before your arrival we will refund 75% of your fee**
- **If you cancel less than 7 days ahead of time, we regrettably cannot issue a refund.**
- **Refunds will be issued after June 10th.**

Financial Assistance

If you require financial assistance we offer payment plan options and other alternatives. Please contact office@vajrayana.org to make arrangements.

What to Bring

- Water bottle
- Flashlight
- Sleeping bag or linens and pillow case
- Towels
- Tent, if camping, and a thermarest or equivalent
- Ear-plugs (if disturbed by noise)
- Comfortable warm- and cool-weather clothing (layers work best)
- Sensible shoes for uneven terrain
- We provide chairs and cushions
- Prescription medication, especially asthma medication and heart medicines. The nearest hospital or emergency care clinic is an hour away.

Parking and Driving

- Please park in **Parking Lot A** (sign-posted).
- You can park by the Sangha House if you are staying there.
- Please do not park in front of the pond, down by the cabin area or behind the Sangha House.
- Unless you have a physical disability, please do not drive around on the land.
- If you need to drive to the Shrine or Dining Hall, contact the office for a Parking Permit.
- Please keep onsite driving speed to less than 5 mph.

Accommodations

- We provide indoor housing with 2-4 people per room (single-sex).
- All beds come with a light comforter and a pillow. You must bring sheets or a sleeping bag, and a pillow case.
- You are welcome to bring your own tent and camp.
- We have a couple of RV hook-ups. Please contact the office to pre-arrange.

Food

- We serve vegetarian options at all meals and meat dishes at most lunches.
- We will have gluten-free meal options but other than this, we apologize for not being able to accommodate individual dietary restrictions or requirements.
- If you have high protein needs please bring supplemental snacks. There is limited refrigeration by pre-arrangement
- Tea and hot water are available at the Dining Hall at all times. Coffee is available at breakfast.

Work Assignments

- We ask that onsite guests contribute an hour of work a day towards the smooth running of this event.
- Assignments will be given upon arrival.

Children

- Children 13 and under need to be accompanied by a parent or parent-approved guardian at all times
- Adults are completely responsible for supervising their children unless childcare is available.
- Children are welcome in the shrine room as long as they do not disturb other guests.
- Swimming pool: We do not have a lifeguard. Children must be accompanied by a parent or a parent-approved guardian at the ratio of 1 adult to 3 children.

Phones and Computers

- Verizon provides the best cell phone service for this area.
- The phone in the Information Booth can be used to make free local calls. Use your calling card for long distance.
- WIFI is available at the Dining Hall and the Bookstore, and the password will be available at check-in.

Miscellaneous

- This is a rustic location. **Poison-Oak** is a plant that induces allergic reactions in most people after contact so please keep to the paths to prevent contact with it.
- **Tick Bites** - If you feel a bite, and there is a small black spot on your skin you probably have a tick. Some ticks carry Lyme disease. See a staff member for help.
- **Wildlife** – do not feed or encourage the wildlife. Do not keep food in your tent as it will attract skunks, wild pigs and raccoons, etc.
- **Smoking, alcohol, and recreational drugs** are not permitted on the land at any time.
- **Candles, fires, and incense** are not permitted on the land at all. We are at high fire risk year round.
- **Pets** are not permitted at Pema Osel Ling. If you have a service animal please contact the office.

Dharma Treasures gift shop

- The store stocks practice items, sadhanas, photos, books, gifts, cards, thangkas and other artwork, a selection of clothing, snacks, basic toiletries, and items such as flashlights.
- Cash, checks and credit cards accepted.
- Contact details: (831) 761-6274 store@vajrayana.org

Offerings

It is traditional for individuals to make an offering to teachers and translators at the end of retreats. Tibetan offering scarves (khatas) can be purchased at the Dharma Treasures store and we provide envelopes for monetary offerings. Please bring enough cash as the bookstore is only able to offer limited cash back on debit purchases, and we do not have an ATM on the land.

Email office@vajrayana.org with questions you may have on coming here for retreat.
Dharma Programs - (831) 761-6266 (press # to leave a message)