

Dudjom Lingpa's *Nang Jang* (Buddhahood Without Meditation)  
Teachings with Tulku Jigme Wangdrak Rinpoche  
March 15-17, 2019

Retreat Schedule

**Friday, March 15**

<b>8:00 – 8:30 am</b>	<b>Ngöndro with Tsok Khang Dechen</b>
8:30 – 9:00 am	<i>Breakfast (first meal of retreat)</i>
9:00 – 10:00 am	<i>Registration</i>
<b>10:00 am – 12:00 pm</b>	<b><i>Nang Jang</i> Empowerment and Reading Transmission (Wang/Lung)</b>
12:00 – 12:30 pm	<i>Lunch</i>
<b>3:00 – 5:00 pm</b>	<b>Nang Jang Teachings</b>
5:00 – 5:30 pm	<i>Dinner</i>
<b>6:30 – 8:30 pm</b>	<b>Concise Tsokye T'huk T'hik Puja with Protectors and Tsok</b>

**Saturday, March 16 (Guru Rinpoche Day)**

<b>8:00 – 8:30 am</b>	<b>Ngöndro with Tsok Khang Dechen</b>
8:30 – 9:00 am	<i>Breakfast</i>
<b>10:00 am – 12:00 pm</b>	<b>Nang Jang Teachings</b>
12:00 – 12:30 pm	<i>Lunch</i>
<b>3:00 – 5:00 pm</b>	<b>Nang Jang Teachings</b>
5:00 – 5:30 pm	<i>Dinner</i>
<b>6:30 – 9:30 pm</b>	<b>Tsokye T'huk T'hik Puja with Protectors and Tsok</b>

**Sunday, March 17**

<b>8:00 – 8:30 am</b>	<b>Ngöndro with Tsok Khang Dechen</b>
8:30 – 9:00 am	<i>Breakfast</i>
<b>10:00 – 12:00 pm</b>	<b>Nang Jang Teachings</b>
12:00 – 12:30 pm	<i>Lunch</i>
<b>2:30 – 5:00 pm</b>	<b>Nang Jang Teachings and Shower of Blessings Puja with Tsok</b>
5:00 – 5:30 pm	<i>Dinner (last meal of retreat)</i>