

Trekchöd Retreat with Lama Pema Dorje Rinpoche

Pema Ösel Ling, December 30-January 7, 2018

Texts Needed

Main texts:

- **“Khordé Rushen: Distinguishing Between the Wheel of Life and Transcendent States”** by Kyabje Dudjom Rinpoche (BJP 2015) – **if you have this from previous years, it’s essential that you bring it**; if you didn’t attend the Khorde Rushen 2015 Retreat, this text will be available at Dharma Treasures bookstore. We will update with details.
- **“A Heart-Jewel for the Fortunate: Great Perfection Pointing-Out Instructions”** by Kyabje Dudjom Rinpoche
 - *rdzogs chen ngo sprod skal ldan snying nor bzhugs so* (Dudjom Sung Bum, Vol. Ah, pp. 336-342)
 - The text will be available with registration. This is the same text that was used in last year’s retreat. Please print or download before you arrive.
 - The text can also be found in “Counsels from My Heart” translated by Padmakara Translation Group (“Heart Jewel of the Fortunate”), available [here](#); and in “Wisdom Nectar: Dudjom Rinpoche’s Heart Advice” translated by Ron Garry (“Heart Gem for Fortunate Disciples”), available [here](#), both at Dharma Treasures. Please note, Wisdom Nectar also has the “Three Pieces of Advice.”
- **“Three Pieces of Advice”** given to Gelong Yeshe Rabsal, Dechen Dorje and Rigzang Dorje by Dudjom Rinpoche
 - *bslab byal dge slong ye shes rab gsal/ bde chen rdo rje/ rig bzang rdo rje/* (Dudjom Sung Bum, Vol. Ah, pp. 291-297)
 - The text will be available as a download with registration (“Nectar for Fortunate Disciples’ Hearts: A Compilation of Essential Words of Advice” excerpt) – please print or download before you arrive.
 - The text can also be found in “Wisdom Nectar: Dudjom Rinpoche’s Heart Advice” translated by Ron Garry (“Nectar for Fortunate Disciples’ Hearts: A Compilation of Essential Words of Advice”), available [here](#) at Dharma Treasures.

Other texts for daily practice & puja:

- **January 2 & 4: Shower of Blessings** puja and tsok will be done for Kyabje Dudjom Rinpoche and Kyabje Chatral Rinpoche’s parinirvana anniversaries. Texts are available [here](#) through Dharma Treasures or [here](#) in digital format. A limited number of loaner copies will be available at the shrine.
- **Sa-Ter Ngöndro** is available for [download](#) or in [print](#) through Dharma Treasures (contains both concise and longer Sa-Ter Ngöndro); it can also be found in the General Prayers Book.
- **Dorje Phurba Concise Heart Essence (Namchak Putri)**: The text will be available at [Dharma Treasures](#) bookstore. There will be a very limited number of loaners at the shrine.
- **General Prayers Book**: new from Lama Sonam Tsering Rinpoche and Lotus Lamp Publishing (2017) is available [here](#) through Dharma Treasures (Preliminary Practices, Supplications, Aspiration Prayers & Dharma Protectors). Loaner copies will also be available at the shrine.
- **Sang T’hri Kagyama Mönlam by Dudjom Lingpa**: a very limited number of copies with Tibetan and Phonetics will be available at the shrine
- **Prayers Before Teachings & Dedication**: loaner copies will be available at the shrine

December 14, 2017