

Vajrayana Foundation 2017 Ngöndro Retreat Recommended Text and Reading List

Required

A Cascading Waterfall of Nectar by Thinley Norbu (Shambhala Publications, 2006)

<http://www.dharmatresures.com/a-cascading-waterfall-of-nectar-by-thinley-norbu-rinpoche/>

Ngöndro Commentary by Lama Tharchin Rinpoche:

<http://www.dharmatresures.com/a-commentary-on-the-dudjom-tersar-ngondro-by-lama-tharchin-rinpoche/>

Recommended

Visit Dharma Treasures' collection of resources for Ngöndro practice:

<http://www.dharmatresures.com/ngondro-2015/>

Visit the Dudjom Tersar Ngöndro Program website: <https://dudjomtersarngondro.com/>

Torch Lighting the Way To Freedom by Dudjom Rinpoche

<http://www.dharmatresures.com/a-torch-lighting-the-way-to-freedom-paperback/>

Words of My Perfect Teacher by Patrul Rinpoche

<http://www.dharmatresures.com/words-of-my-perfect-teacher/>

Of interest

A Guided Tour of Hell, A Graphic Memoir by Samuel Bercholz (Shambhala Publications, 2016)

<http://www.dharmatresures.com/a-guided-tour-of-hell/>

Texts Used in the Shrine Room (available for sale at Dharma Treasures or as loaners)

- The **Concise Dudjom Tersar Ngöndro** can be found in all of the following:
 - *Ngöndro Commentary* by Lama Tharchin Rinpoche (see above)
 - *Preliminary Practices of the Dudjom Tersar* (BJP, 2015) – contains both the concise Ngöndro and longer Sa-Ter Ngöndro:
<http://www.dharmatresures.com/preliminary-practices-of-the-dudjom-tersar/> or tablet download: <https://selfy.com/p/bGqP>

- *VF Daily Practice Book* (BJP, 2015) tablet download:
<https://selfy.com/p/VYDn>
 - *Quintessentially Wrathful Black Hayagriva* (Lotus Lamp Publishing & Lama Sonam Tsering, 2016) (currently out-of-print, limited number of shrine loaners available)
 - *Dorje Drolo, "The Wish-Fulfilling Siddhis"* (Sonam T. Lama, 2010):
<http://www.dharmatresures.com/dorje-drolo-the-wish-fulfilling-siddhis/>
 - *Vajrakilaya Sadhana, "Annihilator of the Hordes of Passions, a Practice of Vajrakilaya that, like a sword, destroys at a touch"* (Sonam T. Lama, 2011):
<http://www.dharmatresures.com/vajrakilaya-annihilator-of-the-hordes-of-passions/>
 - *Dudjom Tersar Concise Ngöndro Daily Practice* (BJP) tablet download:
<https://selfy.com/p/jhEe>
- ***Shower of Blessings Sadhana and Tsok*** (Mar 19, 20 & 27)
<http://www.dharmatresures.com/buddha-puja-and-the-shower-of-blessings/>
 - **Concise daily practices for daily puja** can be found in the *VF Daily Practice Book* (see above) and *Three Roots Daily Practices* (out of print; limited number of loaners available in shrine) – see Schedule for daily rotation
 - **Dharma Protectors** can be found in complete form in *Hayagriva* (not in print) & *Dharma Protectors for Daily Practice* available for tablet: <https://selfy.com/p/EzLn>

Protectors can be found in mostly complete form in the *VF Daily Practice Book*, *Dorje Drolo*, *Vajrakilaya Sadhana*, and *Dharma Protectors*.

- **Handouts:** concise supplications, swift rebirth and long life prayers; additional dharmapala practices; mandala offering diagram