

## June 2019 Daily Puja Schedule

Day	Date	Puja	Puja Time
Saturday	1	Khandro T'huk T'hik	8:00 AM
Sunday	2	Dorje Drolu	8:00 AM
Monday	3	New Moon Day - Buddha Puja	7:00 PM
Tuesday	4	Troma Nagmo	7:00 PM
Wednesday	5	Shower of Blessings	8:00 AM
Thursday	6	Vajrakilaya	8:00 AM
Friday	7	Tsokye T'huk T'hik	8:00 AM
Saturday	8	Khandro T'huk T'hik	8:00 AM
Sunday	9	Buddha's Birthday - Buddha Puja	9:00 AM
Monday	10	Medicine Buddha Day - Orgyen Menlha	7:00 PM
Tuesday	11	Troma Nagmo	7:00 PM
Wednesday	12	Guru Rinpoche Day - Intermediate Troma	2:30 PM
Thursday	13	Troma Retreat - Trö-Chung	7:00 PM
Friday	14	Troma Retreat - Trö-Chung	7:00 PM
Saturday	15	Troma Retreat - Troma Empowerment	2:30 PM
Sunday	16	Troma Retreat - Intermediate Length Troma	7:00 PM
Monday	17	Full Moon Day/Saga Dawa Duchen - Intermediate Troma	7:00 PM
Tuesday	18	Troma Retreat - Intermediate Length Troma	2:30 PM
Wednesday	19	Troma Retreat - Intermediate Length Troma	2:30 PM
Thursday	20	Troma Retreat - Intermediate Length Troma	9:00 AM
Friday	21	Hayagriva Retreat - Black Hayagriva Empowerment	5:30 PM
Saturday	22	Hayagriva Retreat - Hayagriva Sadhana	2:30 PM
Sunday	23	Hayagriva Retreat - Hayagriva Sadhana	2:30 PM
Monday	24	Hayagriva Retreat - Hayagriva Sadhana	2:30 PM
Tuesday	25	Hayagriva Retreat - Hayagriva Sadhana	2:30 PM
Wednesday	26	Hayagriva Retreat - Hayagriva Sadhana	2:30 PM
Thursday	27	Hayagriva Retreat / Dakini Day - Hayagriva	8:30 AM
Friday	28	Shitro Retreat - Shitro Sadhana	2:00 PM
Saturday	29	Shitro Retreat - Shitro Sadhana	2:00 PM
Sunday	30	Shitro Retreat - Shitro Sadhana	2:00 PM