

## VAJRAKILAYA GUTOR AND LOSAR RETREAT SCHEDULE

February 13th – 27th, 2017

Pema Osel Ling

### PRACTICE SCHEDULE

#### February 13<sup>th</sup>: Vajrakilaya Empowerment - Tulku Thadral Rinpoche

8:00 am – 8:30 am : Breakfast

9:00 am : Vajrakilaya Empowerment

Lunch Following Empowerment

3:00 pm : Ladrup Thigle Gyachen puja – Longchenpa's Anniversary

7:00 pm – 7:30 pm : Dinner

#### February 14<sup>th</sup> – 24<sup>th</sup>: Gutor

7:30 am – 8:00 am : Breakfast

8:30 am – 1:00 pm : Vajrakilaya and Protectors practice, followed by Teachings

1:00 pm – 1:30 pm : Lunch

2:30 pm – 7:00 pm : Vajrakilaya and Protectors practice with tsok

Dinner Following Puja

#### February 25<sup>th</sup>: Gutor Day (Performing the Activities of Dispelling Negativities)

7:00 am – 7:30 am : Breakfast

8:00 am – 12:00 pm : Morning Session

12:00 pm – 12:30 pm : Lunch

2:00 pm : Afternoon Session with Gutor ritual (burning the ritual tormas to avert obstacles, remove negativities, etc.)

Dinner Following Puja

#### February 26<sup>th</sup>: Tang-Rak Offering Celebration

7:00 am – 7:30 am : Breakfast

8:00 am – 12:00 pm : Vajrakilaya puja with tsok

12:00 pm – 12:30 pm : Lunch

#### Losar Preparations to follow in the afternoon and evening

6:00 pm – 6:30 pm : Dinner

#### February 27<sup>th</sup>: Losar - Year of the Fire Bird

7:00am – 7:30am : Continental Breakfast

8:00 am – 12:00 pm : Lake Born Vajra and Orgyen Khandro Norlha puja with tsok

12:00 pm : 12:30 pm : Lunch

2:00 pm : Riwo Sang Chöd puja and the raising of Prayer Flags

Dinner Following Puja