

Spring Retreat with Tulku Jigme Wangdrak Rinpoche

April 9-12, 2015

Retreat Schedule

Thursday April 9

8:30 – 9:00 am	Breakfast
10:00 – 12:00 pm	Teachings with Tulku Jigme Wangdrak Rinpoche
12:00 – 12:30 pm	Lunch
3:00 – 5:00 pm	Teachings with Tulku Jigme Wangdrak Rinpoche
5:00 – 5:30 pm	Dinner
6:30 – 8:30 pm	Tsok Puja [see below for retreat puja schedule]

Friday April 10 – Saturday 11

7:30 – 8:30 am	Short Group Practice
8:30 – 9:00 am	Breakfast
10:00 – 12:00 pm	Teachings with Tulku Jigme Wangdrak Rinpoche
12:00 – 12:30 pm	Lunch
3:00 – 5:00 pm	Teachings with Tulku Jigme Wangdrak Rinpoche
5:00 – 5:30 pm	Dinner
6:30 – 8:30 pm	Tsok Puja

Sunday April 12

7:30 – 8:30 am	Short Group Practice
8:30 – 9:00 am	Breakfast
10:00 – 12:00 pm	Teachings with Tulku Jigme Wangdrak Rinpoche
12:00 – 12:30 pm	Lunch
2:30 – 5:00 pm	Teachings with Rinpoche followed by tsok
5:00 – 5:30 pm	Dinner

Retreat Puja Schedule

Morning Short Group Practice: Emaho, Ngondro, Tsokhang Dechen, Leymon Tendrel

April 9	Concise Vajrakilaya
April 10	Concise Lake Born Vajra
April 11	Concise Khandro Thukthik
April 12	Shower of Blessings