

**Black Hayagriva Teachings & Practice**  
**Thanksgiving Retreat with Lama Sonam Tsering Rinpoche**  
**Pema Ösel Ling**  
**November 27-29, 2015**

**Retreat Text List**

The following texts are available through the Dharma Treasures bookstore or online as digital downloads on our Vajrayana Foundation website, with the exception of the Hayagriva Daily Practice, which is available through Light of Berotsana (see information below).

**Entire Retreat:**

- **Vajrayana Foundation Daily Practice Book** (BJP, 2015 First Edition): This is our new, fully updated & comprehensive version of the Daily Practice Book available for Summer Retreat in print and for tablet; it is designed to be used with the new VF Additional Prayers (updated version will be available soon) and our individual sadhana practices; includes our Three Roots daily practices and daily Dharma Protectors  
**At Dharma Treasures:** <http://www.dharmatresures.com/vajrayana-foundation-daily-practice-book/>  
**Digital version:** <https://sellfy.com/p/VYDn/>
- Or may use:
  - Vajrayana Foundation's Daily Prayers & Practices (BJP, 2011/2012); if you have purchased one, you may need the Swift Rebirth Prayers for Dungse Thinley Norbu Rinpoche and Lama Tharchin Rinpoche; the long life prayer for Chatral Rinpoche from Dudjom Yangsi Rinpoche; the Healing Medicine of Faith soldeb, and the Supplication Prayer to Lama Tharchin Rinpoche.
  - Extensive Dorje Drolod ("The Wish-Fulfilling Siddhis"; Lama Sonam Tsering, 2010) for protectors and above prayers plus others (does not include The Seed of Three-Fold Faith lineage prayer) – OR –
  - Vajrakilaya Sadhana (Lama Sonam Tsering, 2011) – "Annihilator of the Hordes of Passions, A practice of Vajrakilaya that, like a Sword, Destroys at a Touch"
- **Additional Prayers:** we are preparing a new edition, but for now may use (available at the Dharma Treasures):

- Extensive Dorje Drolod (The Wish-Fulfilling Siddhis; Lama Sonam Tsering, 2010) for protectors and above prayers plus others (does not include The Seed of Three-Fold Faith lineage prayer) – OR –
- Vajrakilaya Sadhana (Lama Sonam Tsering, 2011) – “Annihilator of the Hordes of Passions, A practice of Vajrakilaya that, like a sword, destroys at a touch”
- Vajrayana Foundation Additional Prayers (previous copies, not currently available for sale)
- **Dharma Protectors:**
  - Available in the new Daily Practice Book (BJP, 2015), Daily Dharma Protectors, the long Dharma Protectors and Lama Sonam’s Dorje Drolod and Vajrakilaya  
<http://www.dharmatresures.com/dharma-protectors-daily-practice/>  
<http://www.dharmatresures.com/dharma-protectors-long-and-consice-dharma-protectors-practice-medium-and-long-shenpa-practice/>

### Thanksgiving Day Tsok:

- **Amitahba Zhing-Drub text:** The Excellent Path to Omniscience by Dudjom Lingpa (Bero Jeydren Publications, 2009)  
**Dharma Treasures Bookstore:** <http://www.dharmatresures.com/the-excellent-path-to-omniscience-amitabha-zhing-drub/>  
**Digital version:** <https://sellfy.com/p/Lv5b/>

### Friday-Sunday:

- **Black Hayagriva Concise Daily Practice:**  
Found in the VF Daily Practice Book, the Concise Daily Practice of the Intensely Wrathful Hayagriva booklet from Dzongsar Khyentse Rinpoche’s 2015 empowerment, or as a handout or download (see Retreat Info)
- **A Daily Practice Root Accomplishment for the Quintessential Black Hayagriva Entitled Annihilating Misguided Ones** (Light of Berotsana, 2015) – available through Light of Berotsana for \$15; if you are attending the POL retreat, please use the following link to pick up text at POL and avoid shipping charges: <http://www.berotsana.org/black-hayagriva-practice/>