

## SUMMER RETREAT SCHEDULE

### **DORJE DROLOD (JUNE 6 – JUNE 14)**

#### **[June 5 - Prep day]**

8:30– 9:00 am	Breakfast
<b>10:00 – 12:30 pm</b>	<b>Retreat prep at Shrine</b>
12:30 – 1:00 pm	Lunch
<b>2:00 – 5:00 pm</b>	<b>Retreat prep at Shrine</b>
5:00 – 5:30 pm	Dinner
<b>6:30–9:00 pm</b>	<b>Retreat prep at Shrine</b>

#### **June 6**

8:30– 9:00 am	Breakfast
12:30 – 1:00 pm	Lunch
<b>3:00 – 5:00 pm</b>	<b>Dorje Drolod Empowerment with Lama Pema Dorje Rinpoche</b>
5:00 – 5:30 pm	Dinner
<b>6:30– TBD</b>	<b>Sadhana instruction with a senior student</b>

#### **June 7-8**

<b>6:30 – 8:30 am</b>	<b>Sa-Ter Ngondro and Dorje Drolod practice session</b>
8:30 – 9:00 am	Breakfast
<b>10:00 – 12:30 pm</b>	<b>Dorje Drolod practice session</b>
12:30 – 1:00 pm	Lunch
<b>3:00 – 5:00 pm</b>	<b>Teaching with Lama Pema Dorje Rinpoche</b>
5:00 – 5:30 pm	Dinner
<b>6:30 – 9:00 pm</b>	<b>Dorje Drolod tsok session</b>

#### **June 9-13**

<b>6:30 – 8:30 am</b>	<b>Sa-Ter Ngondro and Dorje Drolod practice session</b>
8:30 – 9:00 am	Breakfast
<b>10:00 – 12:30 pm</b>	<b>Dorje Drolod practice session</b>
12:30 – 1:00 pm	Lunch
<b>3:00 – 5:00 pm</b>	<b>Dorje Drolod protectors and Guru Rinpoche prayers</b>
5:00 – 5:30 pm	Dinner
<b>6:30 – 9:00 pm</b>	<b>Dorje Drolod tsok session</b>

#### **June 14**

8:00 – 8:30 am	Breakfast
<b>9:00 – 1:00 pm</b>	<b>Dorje Drolod practice session with siddhis</b>

1:00 – 1:30 pm	Lunch
<b>2:00 – 5:00 pm</b>	<b>Retreat clean up at shrine</b>
5:00 – 5:30 pm	Dinner

### SHITRO NGAGSO (JUNE 15-16)

8:00 – 8:30 am	Breakfast
<b>9:00 – 12:30 pm</b>	<b>Ngondro and Shitro Session</b>
12:30 – 1:00 pm	Lunch (depends when session ends)
<b>2:30 – 7:00 pm</b>	<b>Shitro Session</b>
7:00 – 7:30pm	Dinner (depends when session ends)

The Neydren Ceremony for the Dead will take place on June 16

### Drupchen Preparation Day (JUNE 17)

8:00 – 9:00 am	Concise puja
9:00 – 9:30 am	Breakfast
<b>10:00 – 12:30 pm</b>	<b>Retreat prep at Shrine</b>
12:30 – 1:00 pm	Lunch
<b>2:00 – 5:00 pm</b>	<b>Retreat prep at Shrine</b>
5:00 – 5:30 pm	Dinner
<b>6:00 pm onwards</b>	<b>Retreat Prep at Shrine</b>

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### COLLECTION OF SEVEN TREASURES DRUPCHEN (JUNE 18 – 26)

#### June 18

8:00 – 8:30 am	Breakfast
<b>9:00– 5:30 pm</b>	<b>Start of the retreat (mandatory)</b>
Meal breaks will be announced at the shrine	

#### June 19- 25

<b>6:15 – 9:00 am</b>	<b>Drupchen Session</b>
9:00 – 9:30 am	Breakfast
<b>10:30 – 1:00 pm</b>	<b>Drupchen Session/Teaching</b>
1:00 – 1:30 pm	Lunch
<b>3:00 – 8:00 pm</b>	<b>Drupchen Tsok Session</b>
8:00 – 8:30 pm	Dinner

9:00 – 11:30 pm	Drupchen Night Session #1
12:00 – 2:30 am	Drupchen Night Session #2
3:00 – 5:30 am	Drupchen Night Session #3

*Note: attendance at night sessions is open to everybody but not mandatory, except to assigned people – there will be a sign-up sheet.*

#### June 26

<b>6:00 – 8:30 am</b>	<b>Drupchen siddhi session</b>
8:30– 9:00 am	Breakfast
<b>9:30 – 12:30 pm</b>	<b>Drupchen siddhi session continued</b>
12:30-1:00 pm	Lunch
<b>2:30 – 7:00 pm</b>	<b>Sacred Lama Dances</b>
7:00 – 7:30 pm *	Dinner

\* Apart from the start time, all other times are approximate