

**Pema Osel Ling 2022 Summer Retreat:  
Collection of Seven Treasures Drupchen Retreat July 1 – 9**

**Drupchen Schedule (Revised)**

**Friday, July 1**

8:00 - 8:30 am	Breakfast
9:00 am – 12:00 pm	Collection of Seven Treasures Drupchen First Day Session
12:00 – 12:30 pm	Lunch (time approximate)
2:00 – 6:00 pm	Collection of Seven Treasures Drupchen First Day Session
6:00 – 6:30 pm	Dinner (time approximate)

**Saturday, July 2 to Friday, July 8**

6:00 am – 8:00 am	Collection of Seven Treasures Drupchen First Session with <i>Lung</i> ( <i>Lung</i> on Saturday, July 2 only)
8:00 – 8:30 am	Breakfast
9:00 am – 12:30 pm	Collection of Seven Treasures Drupchen Second Session with Teachings
12:30 – 1:00 pm	Lunch
2:30 – 8:30 pm	Collection of Seven Treasures Drupchen Third Session
8:30 – 9:00 pm	Dinner (time approximate)
9:00 pm – 11:30 am	First Night Session
12:00 – 2:30 am	Second Night Session
3:00 – 5:30 am	Third Night Session

**Saturday, July 9 (Siddhis and Dance Day)**

6:00 – 8:00 am	Collection of Seven Treasures Drupchen Practice
8:00 – 8:30 am	Breakfast
9:00 am – 12:30 pm	Collection of Seven Treasures Drupchen Practice and Tsok, with Collection of Seven Treasures Guru Rinpoche Empowerment given by Tulku Thadral Rinpoche (time TBD)
12:30 – 1:00 pm	Lunch (time approximate)
1:00 – 7:00 pm	Collection of Seven Treasures Drupchen Practice and Tsok (continued) with the Dance of the Eight Manifestations of Guru Rinpoche and Other Sacred Dances
7:00 – 7:30 pm	Dinner (time approximate)

## Pema Osel Ling 2022 Summer Retreat: Children's Retreat July 2-8

### Children's Retreat Schedule

#### Friday, July 1 with parents

8:00 - 8:30 am	Breakfast
9:00 am – 12:00 pm	<b>Collection of Seven Treasures Drupchen First Day Session</b>
12:00 – 12:30 pm	Lunch (time approximate)
2:00 – 6:00 pm	<b>Collection of Seven Treasures Drupchen First Day Session</b>
6:00 – 6:30 pm	Dinner (time approximate)

#### Saturday, July 2 to Friday, July 8 - Children's Retreat

8:00 – 8:30 am	Breakfast (with parents)
9:15 am – 12:30 pm	<b>Children's Retreat (Activities TBD)</b>
12:30 – 2:15 pm	Lunch (with parents)
2:15 – 5:30 pm	<b>Children's Retreat (Activities TBD)</b>
5:30 – 6:00 pm	Dinner (time approximate)
6:00 - 9:00 pm	<b>Join Parents at the Shrine Room</b>

#### Saturday, July 9 (Siddhis and Dance Day) with parents

6:00 – 8:00 am	<b>7 Treasures Guru Rinpoche Practice</b>
8:00 – 8:30 am	Breakfast
9:00 am – 12:30 pm	<b>7 Treasures Guru Rinpoche Practice and Tsok</b>
12:30 – 1:00 pm	Lunch (time approximate)
1:00 – 7:00 pm	<b>Dance of the Eight Manifestations of Guru Rinpoche and Other Sacred Dances</b>
7:00 – 7:30 pm	Dinner (time approximate)

Most activities will be held in the Round House and at the Dining Hall. Activities for older youth will include attendance at the Shrine Room for Drupchen sessions.