

**Khandro T'huk T'hik Mendrup Drupchen
Retreat Schedule**

May 21 - 30, 2024

Tuesday, May 21

8:00 - 8:30 am

Breakfast

7:00 - 9:00 am

Preparation Empowerment (Shrine Closed)

9:00 am - 12:00 pm

Khandro T'huk T'hik (Yeshe Tsogyal) Empowerment

12:00 - 12:30 pm

Lunch

1:00 - 5:00 pm

Khandro T'huk T'hik Drupchen First Day Session

5:00 - 6:00 pm

Dinner (time approximate)

6:00 - 10:00 pm

Khandro T'huk T'hik Drupchen, Assembly of the Mandala

Wednesday, May 22

6:00 am - 8:00 am

Khandro T'huk T'hik Drupchen First Session

8:00 - 8:30 am

Breakfast

9:30 am - 12:00 pm

Khandro T'huk T'hik Drupchen Second Session

12:00 pm - 1:00 pm

Khandro T'huk Thik Oral Transmissions (*Lungs*)

1:00 - 1:30 pm

Lunch

3:00 - 8:00 pm

Khandro T'huk T'hik Drupchen Third Session with Tsok

8:00 - 8:30 pm

Dinner (time approximate)

Thursday, May 23

6:00 am - 8:00 am

Khandro T'huk T'hik Drupchen First Session

8:00 - 8:30 am

Breakfast

9:30 am - 12:00 pm

Khandro T'huk T'hik Drupchen Second Session

12:00 pm - 1:00 pm

Teachings

1:00 - 1:30 pm

Lunch

3:00 - 8:00 pm

Khandro T'huk T'hik Drupchen Third Session with Tsok

8:00 - 8:30 pm

Dinner (time approximate)

Friday, May 24 (with Increasing Jinsek concurrently in the morning)

6:00 am - 8:00 am

Khandro T'huk T'hik Drupchen First Session

8:00 - 8:30 am

Breakfast

9:30 am - 12:00 pm

Khandro T'huk T'hik Drupchen Second Session

12:00 pm - 1:00 pm

Teachings

1:00 - 1:30 pm

Lunch

3:00 - 8:00 pm

Khandro T'huk T'hik Drupchen Third Session with Tsok

8:00 - 8:30 pm

Dinner (time approximate)

Vajrayana Foundation | Pema Osel Ling | In Person and Livestream
Summer Retreat 2024

Saturday, May 25 to Wednesday, May 29

6:00 am – 8:00 am	Khandro T’huk T’hik Drupchen First Session
<i>8:00 – 8:30 am</i>	<i>Breakfast</i>
9:30 am – 12:00 pm	Khandro T’huk T’hik Drupchen Second Session
12:00 pm – 1:00 pm	Teachings
<i>1:00 – 1:30 pm</i>	<i>Lunch</i>
3:00 – 8:00 pm	Khandro T’huk T’hik Drupchen Third Session with Tsok
<i>8:00 – 8:30 pm</i>	<i>Dinner (time approximate)</i>

Thursday, May 30 (with four concurrent Jinseks and Siddhis)

6:00 – 8:00 am	Khandro T’huk T’hik Drupchen First Session
<i>8:00 – 8:30 am</i>	<i>Breakfast</i>
9:00 am – 1:00 pm	Khandro T’huk T’hik Drupchen Second Session
<i>1:00 – 1:30 pm</i>	<i>Lunch (time approximate)</i>
2:00 – 7:00 pm	Khandro T’huk T’hik Drupchen Third Session with Tsok
<i>7:00 – 7:30 pm</i>	<i>Dinner (time approximate)</i>

Friday, May 31 Preparation Day with Mendrup Rolling

<i>8:00 – 8:30 am</i>	<i>Breakfast</i>
9:00 am – 10:30 am	Tsokye T’huk T’hik Concise Puja with Trok
<i>12:30 – 1:00 pm</i>	<i>Lunch</i>
<i>5:00 – 5:30 pm</i>	<i>Dinner</i>

Night Sessions (Lopon, Chopin and Umdze only)

9:00 pm – 11:30 am	First Night Session
12:00 – 2:30 am	Second Night Session
3:00 – 5:30 am	Third Night Session