

**Dudjom Lingpa's Nang Jang
Oral Transmission and Teachings
with Tulku Jigme Wangdrak Rinpoche
April 14-16, 2017**

Pre-Arrival Information

Thank you for registering for the Nang Jang Retreat. Please read through the following information and contact us if you have questions.

Retreat Schedule

Friday April 14

12:00 – 12:30 pm	Lunch
3:00 – 5:00 pm	Nang Jang outline with Tulku Jigme Wangdrak Rinpoche
5:00 – 5:30 pm	Dinner
6:30 – 8:30 pm	Daily Puja

Saturday April 15

7:30 – 8:30 am	Ngondro, etc., concise daily practice
8:30 – 9:00 am	Breakfast
10:00 – 12:00 pm	Oral Transmission Session with Tulku Jigme Wangdrak Rinpoche
12:00 – 12:30 pm	Lunch
3:00 – 5:00 pm	Oral Transmission Session with Tulku Jigme Wangdrak Rinpoche
5:00 – 5:30 pm	Dinner
6:30 – 8:30 pm	Daily Puja

Sunday April 16

7:30 – 8:30 am	Ngondro, etc., concise daily practice
8:30 – 9:00 am	Breakfast
10:00 – 12:00 pm	Nang Jang outline with Tulku Jigme Wangdrak Rinpoche
12:00 – 12:30 pm	Lunch
2:30 – 5:00 pm	Nang Jang outline w/ Tulku Jigme Wangdrak Rinpoche/ concise tsok
5:00 – 5:30 pm	Dinner

Texts

The text list will be posted on the website.

Payment

Please complete registration by paying in full before your arrival.

Payment options (other than credit card):

Check made out to “Vajrayana Foundation” and mailed to Vajrayana Foundation, 2013 Eureka Canyon

Road, Watsonville, CA 95076. Please write “NJ 17” on the envelope. [Should the bank decline your check, you will be charged a 3% monthly fee on your remaining balance and billed for any bank fees.]

Cancellation and Refunds

If you cancel 7 days or more before your arrival we will refund 75% of your fee.

If you cancel less than 7 days ahead of time, we regrettably cannot issue a refund.

Refunds will be issued in May.

Financial Assistance

Vajrayana Foundation seeks to make retreats open to everyone, regardless of financial situation. If you require financial assistance, we offer payment plan options and other alternatives. Please contact office@vajrayana.org to make arrangements. No one will be turned away from teachings due to lack of funds.

What to bring

Water bottle

Flashlight

Sleeping bag or sheets and pillow case

Towels

Tent, if camping, Thermarest or equivalent

Ear-plugs (if disturbed by noise)

Warm- and cool-weather comfortable clothing (layers work best)

Sensible shoes for uneven terrain

We provide chairs and cushions

Prescription medication, especially asthma medication and heart medicines. Medical care is for all practical purposes an hour away.

A bowl and small drinking receptacle for tsok (we wish to cut down on paper waste)

Parking and Driving

Please park in **Parking Lot A** (sign-posted).

You can park by the Sangha House if you are staying there

Please do not park in front of the pond, down by the cabin area or behind the Sangha House.

Unless you have a physical disability, please do not drive around on the land.

If you need to drive to the Shrine or Dining Hall, contact the office for a Parking Permit
Please keep onsite driving speed to less than 5 mph.

Accommodations

We provide indoor housing with 2-4 people per room (same-sex).
All beds come with a light comforter and a pillow. You must bring sheets and a pillow case
or pay an additional rental fee.
You are welcome to bring your own tent and camp.

Food

We serve vegetarian options at all meals and meat dishes at most lunches.
We will have gluten-free meal options but other than this, we apologize for not
being able to accommodate individual dietary restrictions or requirements.
If you have high protein needs, please bring supplemental snacks. There is limited
refrigeration by pre- arrangement
Tea and hot water are available at the Dining Hall at all times. Coffee is available at
breakfast.
Please do not keep food in your room, in order not to attract animals and insects.

Work Assignments

We ask that onsite guests contribute an hour of work a day towards the smooth running of
this event.
Assignments will be given upon arrival.

Phones and Computers

Verizon provides the best cell phone service for this area.
The phone in the Information Booth can be used to make free local calls. Use your calling
card for long distance
WIFI is available at the Dining Hall and the Bookstore.

Miscellaneous

This is a rustic location. **Poison-Oak** is a plant that induces allergic reactions in most
people after contact so please keep to the paths to prevent contact with it.
Tick Bites - If you feel a bite and there is a small black spot on your skin you may have
been bitten by a tick. Some ticks carry Lyme disease. See a staff member for help.
Wildlife – do not feed or encourage the wildlife. Do not keep food in your tent as it will
attract skunks, wild pigs and raccoons, etc.,
Smoking, alcohol and recreational drugs are not permitted on the land at any time.
Candles, fires and incense are not permitted on the land at all. We are at high fire risk
year round.
Pets are not permitted at Pema Osel Ling. If you have a service animal, please contact the
office.

Dharma Treasures gift shop

The store stocks practice items, sadhanas, photos, books, gifts, cards, thangkas and other art work, a selection of clothing, snacks, basic toiletries and items such as flashlights.

Cash, checks and credit cards accepted.

Contact details: (831) 761-6274 store@vajrayana.org

Offerings

It is traditional for individuals to make an offering to the teachers and translators at the end of retreats. Tibetan offering scarves (khatas) can be purchased at the Dharma Treasures store and we provide envelopes for monetary offerings. The bookstore is able to provide change using your debit card for a small service fee. We do not have an ATM on the land.

Email office@vajrayana.org with questions you may have prior to arrival.

Thank you and welcome!

Dharma Programs Retreat Staff