

Oral Transmissions (*Lungs*) given by Lama Sonam Tsering Rinpoche

June 28, 2020

From the Vajrayana Foundation's Daily Practice Book (2015, currently under revision)

Praise to Lama Vajrasattva

Offering Prayers

Calling the Lama From Afar

A Concise Recitation of the Preliminary Practice of the New Treasures of Dudjom

Prayer for the Spread of the Nyingma Teachings

The Seven Line Prayer

Prayer of the Three Kayas

Concise Supplications to Dudjom Rinpoche and Thinley Norbu Rinpoche

Three Roots Daily Practices:

Amitayus

Vajrasattva

The Heart-Essence of the Lake-Born

Dorje Drolo

Dorje Phurba

Intensely Wrathful Black Hayagriva

Concise Severance (Troma)

Dakini Heart Essence

Green Tara

Lion-Faced Dakini

Prayers Between Sessions

Concise Troma Confession

Trok Offering Verse from Dudjom Rinpoche

The Melodious Tamboura of the Lotus

Laymön Tendrel

Tsok Lu by Kyabje Dudjom Rinpoche

Dudjom Lingpa's Tsok Lu

Tsok Intermission Prayers

The Healing Medicine of Faith

Swift Rebirth and Longevity Prayers

Closing Prayers

Prayers Before Teachings

Thirty-Seven Point Mandala Offering

Dedication of Merit

Dharmapalas Daily Practices

Offering Prayers

Additional Practices

Troma Concise Daily Practice (compiled by Dungse Thinley Norbu Rinpoche)

Shower of Blessings

Buddha Puja

June 28, 2020

Supplication Prayers

Collection of Seven Treasures Sadhana

Collection of Seven Treasures Daily Practice

Dorje Drolo Daily Practice

Chetsun Nyingtik Ngondro

Prayer in Seven Chapters to Guru Rinpoche