

Page Turning Guide

Gutor-Losar Retreat Day 2 Morning Session

VK: Vajrakilaya Book “Annihilator of the Hordes of Passions”
 DP: Dharma Protectors – Long and Concise Dharma Protectors Practice book
 PP: Prayers to Avert Pandemics handout
 GP: General Prayers “The Big Book”
 RS: Riwo Sangchod “Mountain Smoke Offering”
 MN: The Glorious Protector Ma-Ning Nakpo’s Enlightened Activity
 LD: “Leu Dunma” Prayer to Guru Rinpoche in Seven Chapters

Practice	Page Number
Emaho	VK 1-2
Riwo Sangchod Practice with Verses of the Eight Noble Auspicious Ones and Lungta Wind Horse Smoke Offering	RS
Prayers to Avert Pandemics	handout
Ngondro	VK 3-17
7 Line Prayer	VK 19
Prayer of the Three Kayas	VK 21-25
Prayer to the Abbod, the Vajra Master, and the Dharma King	handout
The Pearl Necklace	VK 27-38
Concise Supplications	GP: 153-157
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Leu Dunma: General Visualization through Chapter Two: The Prayer Requested by King Trisong Deutsen	LD 4-43
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