THE DAILY PRACTICE OF VAJRASATTVA

NAMO LA MA CHHOK SUM YI DAM LHAR
Homage! With devotion to the lama, the three supreme jewels,

GÜ PAY KYAB CHHI KHA NYAM DRO
And the chosen deity, I take refuge.
LA MÉ JYANG CHHUB CHHOK T’HOB CHHYIR
In order for beings, equal in number to the bounds of space

DOR JÉ SEM PA GOM PAR GYI (3x)
to gain supreme unsurpassable awakening, I will perform this meditation on Vajrasattva.

AH    TONG SAL NGANG LAY DREN DZOK SU
Ah    With complete recollection within ongoing non-dual emptiness-clarity,

I am white Vajrasattva.

RANG NYI DOR JÉ SEM PA KAR
At the center of a palace of great bliss

I have one face and two hands that hold a vajra and bell.

NYEM MA YUM DANG DÉ WAR JYOR
In blissful union with my consort Nyéma, Haughty,

LONG CHYÖ DZOK KÜ CHHA LUK CHEN
I wear the attributes of the body of utter delight.

PEMA NYI DAI DEN TENG DU
Seated in cross-legged posture amid shimmering masses of light

KYIL TRUNG Ö P’HUNG LAM MER ZHUK
Upon a seat made of a lotus, sun, and moon,
P’HUNG KHAM GYAL WA ZHI T’HRÖ LHA

My physical and mental aggregations and the constituents of my senses are the victors, the peaceful and wrathful deities—

MA KYÉ YÉ DZOK DÉ WA CHHÉ

Not created, timelessly complete, my nature is supreme bliss.

DÖ NAY DAM YÉ YER MÉ PAI

In the heart center of the ever-united visualized and wisdom aspects of the deity,

T’HUHK Ú DA TENG DOR JEI TER

Hung stands on a moon seat at the hub of a vajra.

HUNG T’HAR NGAK KYIY KOR WA LAY

A mantra garland encircles this syllable.

Ö T’HRÖ GYAL CHHÖ DRO DRIB JYANG

Light radiating from these syllables presents offerings to the victors and purifies beings’ obscurations.

NANG DRAK TOK PAI CHHÖ NAM KUN

I view all phenomena—appearances, sounds, and thoughts—

DOR JÉ SUM GYI Rol Par TA

As the play of vajra body, speech, and mind.

Recite the hundred syllable mantra and the six syllable mantra:
OM VAJRA SATTVA SAMAYA MANU PALAYA VAJRA SATTVA TÉNOPA TIT’HRA DRIDHO MÉBHAWA SU TO KHAYO MÉBHAWA SU PO KHAYO MÉBHAWA ANU RAKTO MÉBHAWA SARWA SIDDHI MÉ PRA YATSA SARWA KARMA SU TSA MÉ TSITTANG SHRÉ YANG KURU HUNG HA HA HA HA HO BHAGAWAN SARWA TAT’HAGATA VAJRA MA MÉ MUNTSA VAJRI BHAWA MAHA SAMAYA SATTVA AH

My appearance as the deity dissolves into the non-referential basic space of supreme emptiness.

The natural radiance of emptiness arises as the deity’s form.

With this unimpeded illusory wisdom body

I engage in acts for the welfare of beings equal in number to the bounds of space.

May I swiftly accomplish Vajrasattva.
DRO WA CHIK KYANG MA LÜ PA
May I then establish every single being, with no one left out,

Dé yi sa la gö par shok
At that same level.

Recite dedication and aspiration prayers. I, Jigdral Yeshé Dorjé, wrote this.