

## VAJRAKILAYA GUTOR AND LOSAR RETREAT SCHEDULE

Vajrayana Foundation | Pema Osel Ling | Livestream

February 22 – March 3, 2022

### **February 22, Tuesday: Start of Retreat & Vajrakilaya Lung with Lama Sonam Tsering Rinpoche**

**9:00 am – 11:00 am Gutor Vajrakilaya & Riwo Sangchöd Puja**

*11:00 am – 11:15 am Short Break*

**11:15 am – 12:30 pm Vajrakilaya (Dorje Phurba Putri Rekphung) Lung (Reading Transmission)**

(The Lung will also include Medium Length Damchen Chitor & Shenpa Protectors)

*12:30 pm – 2:00 pm Break*

**2:00 pm – 5:30 pm Vajrakilaya and Shenpa Protectors practice with tsog**

### **February 23, 24, 25, Wed - Fri: Gutor: Shenpa Accumulations**

**9:00 am – 11:15 am Vajrakilaya, Riwo Sangchöd, and Shenpa Protectors practice**

*11:15 am – 11:30 am Short Break*

**11:30 am – 12:30 pm Question and Answer Teachings**

*12:30 pm – 2:00 pm Break*

**2:00 pm – 5:30 pm Vajrakilaya and Shenpa Protectors practice with tsog**

### **February 26, 27, 28, Sat - Mon: Vajrakilaya with Shenpa & Dokpa**

**9:00 am – 12:30 pm Vajrakilaya with Shenpa Protectors practice, and Riwo Sangchöd**

*12:30 pm – 2:00 pm Break*

**2:00 pm – 5:30 pm Vajrakilaya with Dokpa practice & tsog**

### **March 1, Tuesday: Gutor Day (Performing the Activities of Dispelling Negativities)**

**9:00 am – 12:30 pm Vajrakilaya with Dokpa practice, and Riwo Sangchöd**

*12:30 pm – 2:00 pm Break*

**2:00 pm – 6:00 pm Gutor Dokpa ritual** (throwing the dokpa tormas to avert obstacles, remove negativities)

**6:00 pm – 6:30 pm Gutuk Ceremony in the Shrine Room following Puja**

### **March 2, Wednesday: Vajrakilaya Tang-Rak Offering Celebration**

**9:00 am – 12:30 pm Vajrakilaya puja, and Riwo Sangchöd, with tsog**

*1:30 pm – Losar Preparations to follow in the afternoon and evening (No session)*

### **March 3, Thursday: Losar - Year of the Water Tiger**

**7:00 am – 12:00 pm Ceremony starts with offerings to Guru Rinpoche**, followed by Lake Born Vajra and Orgyen Khandro Norlha pujas.

**2:00 pm – Riwo Sangchöd Puja and the Raising of Prayer Flags** (This session will not be streamed, videos of the Riwo Sangchöd and Prayer Flag hanging will be shared via social media)

**(Please Note: All Times Are Approximate & Subject To Change)**

Version: January 10, 2022