

Black Hayagriva Gutor-Losar Schedule

February 22 –28, 2025

Feb 22: Empowerment

7 –9 a.m.	Shower of Blessings and Tsok
9 –9:30 a.m.	Breakfast
10 a.m. – Noon	Empowerment Preparations, lama with chopons only
1 –1:30 p.m.	Lunch
2:00 – 6:00 p.m.	Wrathful Black Hayagriva Empowerment
6:00 – 6:30 p.m.	Dinner

Feb 23: Black Hayagriva Lung and Practice with Melay

7:30 –8 a.m.	Breakfast
8:30-12:50 p.m.	Black Hayagriva Oral Transmission (<i>Lung</i>) and Practice
1 –1:30 p.m.	Lunch
2:30 – 7:00 p.m.	Black Hayagriva with Tsok and Melay
7:00 -7:30 p.m.	Dinner

Feb 24 –25: Black Hayagriva Practice with Melay

7:30 –8 a.m.	Breakfast
8:30-12:50 p.m.	Black Hayagriva and Dharma Protectors
1 –1:30 p.m.	Lunch
2:30 – 7:00 p.m.	Black Hayagriva with Tsok and Melay
7:00 -7:30 p.m.	Dinner

February 26: Gutor Day (Performing the Activities of Dispelling Negativities)

6:30 –7 a.m.	Breakfast
7:30 a.m. – 12:30 p.m.	Gutor Dokpa Ritual
1 – 1:30 p.m.	Lunch
2 – 6:30 p.m.	Gutor Dokpa Ritual
6:30 – 7 p.m.	Gutuk Fortune Telling Dinner in the shrine room

Feb. 27: Tangrak Thanksgiving Day

6:30 a.m. – 9:30 a.m.	Black Hayagriva practice
9:30 a.m.- 10:00 a.m.	Breakfast
10:30 a.m. –1:30 p.m.	Black Hayagriva practice with tsok
1:30 p.m. –2:00 p.m .	Lunch
3 – 6 p.m.	Preparations for Losar (all evening)
6 – 6:30 p.m.	Dinner

February 28: Losar Day –Year of the Wood Snake

7 a.m. – 1 p.m.	Ceremony starts with offerings to Guru Rinpoche, tea, auspicious sweet rice, kapse and chang; followed by Lake Born Vajra and Orgyen Khandro Norlha pujas with breakfast tsok
1 p.m. – 1:30 p.m.	Lunch
2 p.m. – 5 p.m.	Riwo Sangchö Puja and the Raising of Prayer Flags
5 p.m. – 5:30 p.m.	Dinner