

**Vajrayana Foundation Ngöndro Retreat**  
**March 19-27, 2016**  
**Text List**

- *A Cascading Waterfall of Nectar* by Thinley Norbu (Shambhala Publications, 2006)
  - <http://www.dharmatresures.com/a-cascading-waterfall-of-nectar-by-thinley-norbu-rinpoche/>
- The Concise Dudjom Tersar Ngöndro can be found in all of the following:
  - Preliminary Practices of the Dudjom Tersar (BJP, 2015) – contains both the concise Ngöndro and longer Sa-Ter Ngöndro:  
<http://www.dharmatresures.com/preliminary-practices-of-the-dudjom-tersar/> or tablet download: <https://selffy.com/p/bGqP>
  - VF Daily Practice Book (BJP, 2015):  
<http://www.dharmatresures.com/vajrayana-foundation-daily-practice-book/> or tablet download: <https://selffy.com/p/VYDn>
  - Ngöndro Commentary by Lama Tharchin Rinpoche:  
<http://www.dharmatresures.com/a-commentary-on-the-dudjom-tersar-ngondro-by-lama-tharchin-rinpoche/>
  - Dorje Drolo, “The Wish-Fulfilling Siddhis” (Sonam T. Lama, 2010):  
<http://www.dharmatresures.com/dorje-drolod-the-wish-fulfilling-siddhis/>
  - Vajrakilaya Sadhana, “Annihilator of the Hordes of Passions, a Practice of Vajrakilaya that, like a sword, destroys at a touch” (Sonam T. Lama, 2011): <http://www.dharmatresures.com/vajrakilaya-annihilator-of-the-hordes-of-passions/>
  - Dudjom Tersar Concise Ngöndro Daily Practice (BJP) tablet download: <https://selffy.com/p/jhEe>
- Shower of Blessings Sadhana & Tsok (Mar 19, 20 & 27)
  - <http://www.dharmatresures.com/buddha-puja-and-the-shower-of-blessings/>
- Concise daily practices for daily puja can be found in the VF Daily Practice Book (see above) and Three Roots Daily Practices (out of print; limited number of loaners available in shrine) – see Schedule for daily rotation
- Dharma Protectors: can be found in the VF Daily Practice Book, Dorje Drolo, Vajrakilaya Sadhana, Dharma Protectors, and Dharma Protectors Daily Practices
- Handouts: swift rebirth and long life prayers, Healing Medicine of Faith