

# 32<sup>ND</sup> ANNUAL SUMMER RETREAT 2021: MAY 19 – JUNE 20

VAJRAYANA FOUNDATION | PEMA OSEL LING | LIVESTREAM

## TSEYANG KHATROD RETREAT: UNION OF LONG LIFE & WEALTH PRACTICES TSOKYE T'HUK T'HIK & ORGYEN KHANDRO NORLHA May 19 – May 26, 2021

### May 19, Wednesday: Special Buddha's Birthday Schedule

9:00 am to 10:45 am – Buddha Puja, Riwo Sangchöd and Tsok

10:45 – 11:00 am Break

11:00 am to 12:30 pm - Oral Transmissions (Lungs) for Orgyen Khandro Norlha, Tsokye T'huk T'hik & additional texts with Lama Sonam Tsering Rinpoche

12:30 pm – 2:30 pm Break

2:30 pm to 5:00 pm – Oral Transmission (Lung) cont. Lama Sonam Tsering Rinpoche

### May 20, Thursday – May 23, Sunday:

9:00 am to 10:45 am – Ngondro and \*Tseyang Khatrod Practices

10:45 am – 11:00 am Break

11:00 am to 12:30 pm - Teachings with Lama Sonam Tsering Rinpoche

12:30 pm – 2:30 pm Break

2:30 pm to 5:00 pm - Riwo Sangchöd, Dharma Protectors, Tseyang Khatrod Practices and Tsog

### May 24, Monday – May 26, Wednesday:

9:00 am to 10:45 am – Ngondro and Tseyang Khatrod Practices

10:45 am – 11:00 am Break

11:00 am to 12:30 pm – Question and Answer with Lama Sonam Tsering Rinpoche

12:30 pm – 2:30 pm Break

2:30 pm to 5:00 pm - Riwo Sangchöd, Dharma Protectors, Tseyang Khatrod Practices and Tsog

### May 27, Thursday:

9:00 am to 11:00 am – Vajrakilaya Daily Puja

Troma Nagmo Retreat Preparation

### May 28, Friday:

9:00 am to 11:00 am – Tsokye T'huk T'hik Daily Puja

Troma Nagmo Retreat Preparation

(Please Note: All Times Are Approximate & Subject To Change)

1. Tseyang Khatrod: The Union of Long Life & Wealth Practices, Orgyen Khandro Norlha & Tsokye T'huk T'hik (Lake Born Vajra)

Version: April 20, 2021