

Kyabje Dungse Thinley Norbu Rinpoche's Dechö (parinirvana anniversary)
Dorsem Lama Chopa Retreat
December 21-23, 2014

Daily Practice Schedule

8:00-8:30 AM	Breakfast
9:00- 1:00 PM	Session One (with breaks) [Emaho, Ngondro, Dorsem sadhana up to the Kangwa]
1:00 -1:30 PM	Lunch
3:00 – 6:00 PM	Session Two (with breaks) [Dakjuk to end of sadhana, closing prayers]
6:00 – 6:30 PM	Dinner