

## DORSEM LAMA CHOPA PAGE TURNING GUIDE

### Abbreviations:

- GP: General Prayers (the big book)  
 Also titled “Preliminary Practices, Supplications, Aspiration Prayers, and Dharma Protectors”
- DPB: Vajrayana Foundation Daily Practice Book
- DS: The Chariot of Great Merit  
 Dorsem Lama Chopa sadhana from Bero Jeydren, 2015 edition
- LD: Le’u Dunma: Prayer to Guru Rinpoche in Seven Chapters  
 Maroon half-page size booklet
- DP: Medium Length Dharmapalas
- PP: Prayers for Averting Pandemics  
 booklet available free on vajrayana.org

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