

Troma Retreat Page Turning Guide May 29-June 4 2021

Text Abbreviations:

FC: *Troma Nagmo Feasts of Chod* from Light of Berotsana

ND: *Troma Nagmo Ngondro and Phowa* from Light of Berotsana

TC: “Trochung” *Troma Nagmo Concise Sadhana* from Light of Berotsana

GP: “General Prayers” from Vajrayana Foundation

RS: Riwo Sangcho text including Windhorse Smoke Offering from Vajrayana Foundation

PP: Prayers to Avert Pandemics booklet available free online from vajrayana.org

Light of Berotsana texts are available for purchase from <https://www.berotsana.org/>

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