

**VAJRAKILAYA GUTOR AND LOSAR DAY RETREAT SCHEDULE**  
**February 14 – 19, 2015**

**PRACTICE SCHEDULE**

**February 14: Start of Vajrakilaya retreat**

9:00 am: Retreat Prep

3:00 pm: Vajrakilaya practice with tsok

**February 15 – 17**

9:00 am: Daily practice and Vajrakilaya practice

3:00 pm: Vajrakilaya practice with tsok

**February 18: Gutor Day (Performing the Activities of Dispelling Negativities)**

8:30 am: Daily practice and Vajrakilaya practice

2:00 pm: Vajrakilaya practice w/ Gutor ritual (burning the ritual tormas to remove negativities, etc.)

**Losar Prep to follow in the evening**

**February 19: Losar: Year of the Wood Sheep**

8:00 am: Lake Born Vajra puja with Orgyen Khandro Norlha practice (long life and wealth empowerment) followed by tsok, and Riwo Sang Chöd sang-offering for raising prayer flags.

-----  
**VAJRAKILAYA RETREAT MEALS**

**8:00 am:** Breakfast / **7:30 am** February 18-19

**12:30 pm:** Lunch (time may vary depending on end of session)

**6:30 pm:** Dinner (time may vary depending on end of session)