

**Pema Osel Ling 2022 Summer Retreat:
Collection of Seven Treasures Drupchen Retreat July 1 – 9**

Schedule

Friday, July 1

7:30 - 8:00 am	<i>Breakfast</i>
9:00 am – 12:00 pm	Collection of Seven Treasures Drupchen First Day Session
12:00 – 12:30 pm	<i>Lunch (time approximate)</i>
2:00 – 6:00 pm	Collection of Seven Treasures Drupchen First Day Session
6:00 – 6:30 pm	<i>Dinner (time approximate)</i>

Saturday, July 2 to Friday, July 8

6:00 am – 8:00 am	Collection of Seven Treasures Drupchen First Session with Lung
8:00 – 8:30 am	<i>Breakfast</i>
9:00 am – 12:30 pm	Collection of Seven Treasures Drupchen Second Session with Teachings
12:30 – 1:00 pm	<i>Lunch</i>
2:30 – 8:30 pm	Collection of Seven Treasures Drupchen Third Session
8:30 – 9:00 pm	<i>Dinner (time approximate)</i>
9:00 pm – 11:30 am	First Night Session
12:00 – 2:30 am	Second Night Session
3:00 – 5:30 am	Third Night Session

Saturday, July 9 (Siddhis and Dance Day)

6:00 – 8:00 am	7 Treasures Guru Rinpoche Practice
8:00 – 8:30 am	<i>Breakfast</i>
9:00 am – 12:30 pm	7 Treasures Guru Rinpoche Practice and Tsok
12:30 – 1:00 pm	<i>Lunch (time approximate)</i>
1:00 – 7:00 pm	Dance of the Eight Manifestations of Guru Rinpoche and Other Sacred Dances
7:00 – 7:30 pm	<i>Dinner (time approximate)</i>

Pema Osel Ling 2022 Summer Retreat: Children's Retreat July 2-8

Children's Retreat Schedule

Friday, July 1 with parents

7:30 - 8:00 am	Breakfast
9:00 am – 12:00 pm	Collection of Seven Treasures Drupchen First Day Session
12:00 – 12:30 pm	Lunch (time approximate)
2:00 – 6:00 pm	Collection of Seven Treasures Drupchen First Day Session
6:00 – 6:30 pm	Dinner (time approximate)

Saturday, July 2 to Friday, July 8 - Children's Retreat

8:00 – 8:30 am	Breakfast (with parents)
9:15 am – 12:30 pm	Children's Retreat (Activities TBD)
12:30 – 2:15 pm	Lunch (with parents)
2:15 – 5:30 pm	Children's Retreat (Activities TBD)
5:30 – 6:00 pm	Dinner (time approximate)
6:00 - 9:00 pm	Join Parents at the Shrine Room

Saturday, July 9 (Siddhis and Dance Day) with parents

6:00 – 8:00 am	7 Treasures Guru Rinpoche Practice
8:00 – 8:30 am	Breakfast
9:00 am – 12:30 pm	7 Treasures Guru Rinpoche Practice and Tsok
12:30 – 1:00 pm	Lunch (time approximate)
1:00 – 7:00 pm	Dance of the Eight Manifestations of Guru Rinpoche and Other Sacred Dances
7:00 – 7:30 pm	Dinner (time approximate)

Most activities will be held in the Round House and at the Dining Hall. Activities for teens will include attendance at the Shrine Room for Drupchen sessions.

For more information, contact office@vajrayana.org.