

**Ri Chö Trekchöd Retreat**  
**with Lama Sonam Tsering Rinpoche**  
**Pema Ösel Ling December 29, 2019 - January 5 2020**

**Text List**

**Main Text: Ri Chö Mountain Retreat by Kyabje Dudjom Rinpoche**

The newly translated version of this text will be available for purchase at the beginning of retreat through Dharma Treasures Bookstore [dharma-treasures.com](http://dharma-treasures.com). Stay tuned for more information.

**Sa-Ter Ngöndro:** available in “Preliminary Practices of the Dudjom Tersar” in print at Dharma Treasures [here](#) or in digital format for tablet [here](#). This text is also in the General Prayers Book (see below). The Sa-Ter Ngöndro text will be recited at the beginning of the morning teaching sessions.

**Concise Khandro T’huk T’hik Practice:** A limited number of loaners will be available at the shrine. It can also be found in the Vajrayana Foundation Daily Practice Book (out of print).

**General Prayers Book** (Preliminary Practices, Supplications, Aspiration Prayers & Dharma Protectors, Lama Sonam Tsering Rinpoche and Lotus Lamp Publishing, 2017): contains both the concise and Sa-Ter ngöndro, protectors, tsok offering verses, and prayers. It is available [here](#) through Dharma Treasures. Loaner copies will also be available at the shrine.

**Protectors:** available in the General Prayers Book, see above, or Dharma Protectors for Daily Practice in print [here](#) or digital for tablet [here](#).

**Concise Tsok Offering** in the General Prayers Book or for free download [here](#).

**Dorje Drolo Thrak-Thung; Pemai Sok Drub:** (Concluding Tsok, Sunday, January 5) is available in print through Dharma Treasures [here](#) or digital [here](#). A limited number of loaners will be available at the shrine.

**Recommended Reading: Inborn Realization:** A commentary on his Holiness Dudjom Rinpoche’s Mountain Retreat Instructions, by Venerable Khenpo Tsewang Dongyal Rinpoche (Now back in print!) It can be purchased [here](#) through the Dharma Treasures Bookstore.

**Trekchod Section:** Click [here](#) for Dharma Treasures’ Trekchod Retreat Section

**A note about purchasing texts:**

We encourage you to pre-purchase texts prior to retreat in order to reserve your copy. When purchasing on [dharma-treasures.com](http://dharma-treasures.com), you can choose In Store Pickup as your shipping method, thus avoiding any shipping charges, and your text will be waiting at the store prior to the start of retreat. Please note that you must enter your shipping address before getting to the screen where you can choose In Store Pickup.

If you purchase a digital text, please be sure to download it before arriving for retreat since our internet capacity is limited. If you plan to print your text, please do so before you arrive.

**Ri Chö Trekchöd Retreat**  
**with Lama Sonam Tsering Rinpoche**  
**Pema Ösel Ling December 29, 2019 - January 5 2020**

**Text List**

**Note: The following Texts are for Dec. 28<sup>th</sup> 2019,  
Dungse Thinley Norbu Rinpoche's Eighth Decho**

**Dorsem Lama Chöpa (Vajrasattva): A Chariot of Great Merit (BJP 2015)**

- Available as a [download](#) for tablet
- Available in [print](#) through Dharma Treasures Bookstore
- There will be a limited number of loaners at the shrine.

**The Prayer in Seven Chapters to Padmakara, the Second Buddha (Le'u Dun Ma) (Sonam T. Lama) available [here](#) through Dharma Treasures.**

**General Prayers: Supplications, Aspiration Prayers, and Dharma Protectors** see above information.

**Ngöndro** is available in **Preliminary Practices of the Dudjom Tersar** see above information.

**Dharma Protectors:** See above information.

**If you have any of these texts from previous years, please bring them. Shrine loaners are available in limited quantity.**