

Thanksgiving Retreat with Tulku Thadral Rinpoche

Chenrezig Retreat

November 23 - 26, 2023

Vajrayana Foundation | Pema Osel Ling

In Person and By Streaming

Thanksgiving Day: Thursday, November 23

1:00 pm – 5:00 pm - Ngöndro and Amitabha Zhing-Drub Pure Land Tsok Offering Puja

5:30 pm – onwards - Thanksgiving Dinner

Friday, November 24

7:30 am – 9:00 am - Daily Puja with Protectors and Tsok

9:00 am – 9:30 am - Breakfast

10:00 am – 12:30 pm - Empowerment, Lung, Teachings and Practice with Tulku Thadral Rinpoche

12:30 pm – 1:00 pm - Lunch

2:30 pm – 5:00 pm - Teachings and Practice with Tulku Thadral Rinpoche

5:00 pm – 5:30 pm - Dinner

Saturday, November 25

7:30 am – 9:00 am - Daily Puja with Protectors and Tsok

9:00 am – 9:30 am - Breakfast

10:00 am – 10:30 pm - Bodhisattva Vows with Tulku Thadral Rinpoche

10:30 am – 12:30 pm - Teachings and Practice with Tulku Thadral Rinpoche

12:30 pm – 1:00 pm - Lunch

2:30 pm – 5:00 pm - Teachings and Practice with Tulku Thadral Rinpoche

5:00 pm – 5:30 pm - Dinner

Sunday, November 26

7:30 am – 9:00 am - Daily Puja with Protectors

9:00 am – 9:30 am - Breakfast

10:00 am – 12:30 pm - Concluding Teachings and Practice with Tulku Thadral Rinpoche

12:30 pm – 1:00 pm - Tsok Khang Dechen with Tsok

1:00 pm – 1:30 pm - Lunch

5:00 pm – 5:30 pm - Dinner (for those who are staying for Vajra Armor Retreat)